



VANGUARD

MENTAL HEALTH & WELLNESS CLINIC, LLC

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1. Confidentiality

Anything said between any two or more group members at any time is part of the group and is confidential.

- * I understand that everything said in group is confidential.
- * I agree to keep private the names of other group members and what is said in group.
- * I understand that there is an exception to this confidentiality. If the group leader believes that someone is in danger, the leader has a professional obligation to take direct action in order to keep everyone safe.

2. Privacy (The Stop Rule)

No group member is ever required to answer any question, to participate in any activity, or to tell anything.

3. Dignity

No group member is ever humiliated, hazed, or abused in any way. I agree to avoid this destructive behavior.

4. Gossip

The Hmong community is small. We are bound to know one another or know of one another or run into one another in the community. Please protect the privacy of this group member and refrain from gossip.

5. Responsibilities

I understand that it is the group leader's responsibility to enforce these procedures and guidelines. I have read the procedures and guidelines for group and agree to be bound by them while I am a member of the group.

Group Member

Date

I promise to faithfully enforce procedures and guidelines for this group.

Mental Health Provider(s)/Psychologist(s)

Date